

## Statement of Commitment to Diversity and Inclusivity

As mental health providers, we at the Center for Behavioral Medicine understand that every client we treat is unique. Each one of us has multiple identities that make us distinctive; these identities might include racial, cultural, religious, sexual, gender, age, ability, faith, and many other dimensions. Indeed, it is the combination of all these identities that makes each one of us different!

We also appreciate that every one of us lives and functions within a broader social context, and that our social context can both support and hinder our well-being. We know that events that happen in society impact us as individuals. We understand that, at times, some identities are devalued by our culture, as happens with racism, sexism, genderism, ageism, heterosexism, ableism, etc. These experiences influence how we feel about ourselves and the world around us.

We want you to know that, as mental health providers, we invite conversations about these issues because we understand how critical they are to emotional health. We want you to know that we honor difference and are committed to supporting social justice. Our values and ethics call us to support equality and human dignity, and to challenge prejudice and discrimination. Our staff is dedicated to making the Center for Behavioral Medicine a safe, respectful, and compassionate place for everyone who walks through our doors, including you.