

## Resources for Reference

<u>AGENCY</u>	<u>TELEPHONE</u>
<u>Hotlines for Suicide and Mental Health</u>	
Milwaukee County.....	211 or 414-257-7222 (crisis line)
Milwaukee County (Hearing Impaired).....	TTY-TDD/414-257-6300
Waukesha County.....	211 or 262-547-3388
Dodge County.....	211 or 920-386-3500
Jefferson County.....	211 or 920-674-3105
Kenosha County.....	211 or 262-657-7188
Ozaukee County.....	211 or 262-377-2673 (cope line)
Racine County.....	211 or 262-637-9898
Walworth County.....	211 or 262-741-3200/800-365-1587
Washington County.....	211 or 262-335-4545
 <u>Helplines (if you need to talk)</u>	
First Call for Help (Waukesha).....	211 or 262-547-3388 (24 hours)
Warmline, Inc.....	414-777-4729 (non-crisis support line) 7-11 pm Monday, Wednesday, Friday, Saturday
 <u>Other Helpful Resources in the Community</u>	
Aurora Psychiatric Hospital (Wauwatosa).....	414-454-6777 (intake/assessment)
Depression and Bipolar Support Alliance.....	414-964-2586 (Milwaukee) 262-506-8751 (Waukesha) 262-338-1614 (Grafton)
Grand Avenue Club.....	414-276-6474
Independence <i>First</i> .....	414-291-7520 (V/TTY)
Information and Referral Line.....	211 in your respective county
Legal Action of Wisconsin.....	414-278-7722
Legal Aid Society (for low-income individuals).....	414-765-0600 (Milwaukee County)
Legal Action of Wisconsin.....	800-362-3904 (Waukesha, Racine, Kenosha, & Dane Counties)
Mental Health America of Wisconsin.....	414-276-3122
Mental Health Association of Waukesha.....	262-547-0769
NAMI (National Alliance on Mental Illness).....	414-344-0447 (Milwaukee) 262-524-8886 (Waukesha)
Rogers Memorial Hospital.....	800-767-4411 (intake/assessment)
Schizophrenics Understood.....	414-258-2438
Waukesha Memorial Hospital.....	262-928-4036 (assessment/referral)
Wisconsin Coalition for Advocacy.....	800-708-3034 V/TTY
 <u>Mental Health Websites</u>	
Depression and Bipolar Support Alliance.....	<a href="http://www.dbsalliance.org">www.dbsalliance.org</a>
National Alliance on Mental Illness.....	<a href="http://www.nami.org">www.nami.org</a>
Borderline Personality Disorder resource website.....	<a href="http://www.behavioraltech.org">www.behavioraltech.org</a>
Mental Health America.....	<a href="http://www.nmha.org">www.nmha.org</a>
Informational website.....	<a href="http://www.medicinet.com">www.medicinet.com</a>